



## Study Guide, Episode 104—How to Receive Charity & Personal Revelation

### 1 Nephi 11-15

00:00-06:25	“QOTW: What is personal revelation, how do I ask, receive and use it?”
06:26-16:40	“Nephi’s pattern for revelation: desire, believe, ask, ponder, receive”
16:41-37:15	“The meaning of The Tree of Life Vision: Love of God & Charity”
37:16-49:27	“‘Come daily & partake’ of His love & Word & Revelation”
49:28-END	“Nephi sees the Savior & <i>The Book of Mormon</i> : Grieve your afflictions”

- 1) Are you a spiritual seeker? If so, in what ways? What helps you seek and understand spiritual things? If not, why not? What prevents your seeking? How are you “diligently seeking Him?” today? Each day? Write about this in your journal.
- 2) Ponder the pattern Nephi outlines in 1 Nephi 11: 1) Desire to know, 2) Believe, 3) Ask/pray, 4) Ponder/meditate, 5) Receive revelation, hear HIm. How do you follow this pattern? What might you do to better follow Nephi's example & instructions?
- 3) As you listen to 16:41-37:15, about the interpretation of The Tree of Life vision and the Love of God, or Charity, do you feel His love for you? What does it feel like? If you're struggling, what do you feel? How might you come daily to partake of His love for you, be filled with this love, and then share it with all around you?
- 4) What does it mean to “cling to” the “rod of iron” (or Word of God) vs. to “hold fast to” His Word? How can you hold fast to His word? Ponder & consider how you can better apply Elder David A. Bednar's instructions to “hold fast” by: “1) remembering, honoring & strengthening the personal connection we have with the Savior & His Father...& 2) prayerfully, earnestly, and consistently using the Holy Scriptures & teachings of living prophets & apostles”. Discuss this with your family this week.
- 5) How can you believe, receive, and use The Tree of Life Vision as your “guide to life” to be “life healing and soul-mending” for you?
- 6) Have you had a powerful spiritual experience only to then be faced with significant afflictions? What did you feel? How did you deal with it? What might you learn from Nephi's example as you listen to 49:28-END? Are you letting yourself feel and deal with your grief and afflictions? Then, how can you get up and get moving again?

#### Resources

FB: [Like a Watered Garden Podcast Discussion Group](#)  
[Like a Watered Garden Website](#)  
[Dr. Christina Hibbert Website](#)  
Email me: [christina@drchristinahibbert.com](mailto:christina@drchristinahibbert.com)  
Instagram: [@likeawateredgarden](#) [@drchristinahibbert](#)  
Facebook: [Dr. Christina Hibbert](#)