



Study Guide, Episode 101–How the Book of Mormon is a Guide for Life

Introduction to The Book of Mormon

00:00-13:13	“QOTW: What guidance do I need in life & how can the Book of Mormon guide me?”
13:14-27:13	“What The Book of Mormon is, how it came to be, & its purpose”
27:14-37:56	“The Book of Mormon contains the ‘fulness of the everlasting gospel’”
37:57-END	“How to be a witness for Christ through The Book of Mormon”

- 1) What are you leaving behind in the past year? What do you need to let go of, to forgive, to forsake? What is possible for you to leave behind? What are you hoping to take with you, do, achieve, or learn in the year to come? Spend some time pondering, praying, and writing in your journal about this, and share with your family.
- 2) If The Book of Mormon could be a “guide for life,” then what guidance do you currently need? What are you doing to seek this guidance? How do you know when you’re receiving the right guidance and being led in the right direction?
- 3) What does it mean to you that The Book of Mormon is a book that came through commandments to Jesus’ prophets, through revelation, and through prophecy? How might you seek to better receive commandments, revelation and prophecy in your daily life?
- 4) How might studying The Book of Mormon convince you of & bring you closer to Jesus Christ as you study this year? Set a goal to study, ponder, and pray about this book, write it down, and share with one other person.
- 5) Ask yourself the following questions, ponder, pray, and write in your journal:
 - a) Do you want “an added measure of the Spirit of the Lord”? What might that look/feel like and/or do for you in your life, relationships, faith, future?
 - b) Do you want to be more obedient, follow His commandments, and have His grace to walk His path? What might that look/feel like and/or do for you?
 - c) Do you desire a stronger testimony of the “living reality of the Son of God,” to know He lives, He is the Christ? What might strengthening your testimony do for you this year?
- 6) What does The Book of Mormon mean, personally, to you? As an historical text? As a spiritual text? As a personal text?

Resources

FB: [Like a Watered Garden Podcast Discussion Group](#)

[Like a Watered Garden Website](#)

[Dr. Christina Hibbert Website](#)

Email me: christina@drchristinahibbert.com

Instagram: [@likeawatered.garden](#) [@drchristinahibbert](#)

Facebook: [Dr. Christina Hibbert](#)