



## Study Guide, Episode 89—How to Do Good & Great Works through Faith

### Galatians

00:00-11:10	“QOTW: How can I do good & sustain it? Develop & use faith more fully?”
11:11-30:31	“‘Be not weary in well-doing;’ What is the ‘great work’ of your life?”
30:32-40:45	“Do the ‘best’ things through faith; Faith justifies, brings grace”
40:46-46:10	“Faith brings miracles, ministering, Abraham’s blessings; ‘Put on Christ’”
46:11-END	“Faith is liberty, love, service, joy, peace, becoming like Jesus”

- 1) Check in: How are you currently feeling in each of the “5 Realms of Wellness?”
  - a. Mental health
  - b. Emotional health
  - c. Physical health
  - d. Social health (relationships)
  - e. Spiritual health
- 2) Rate from 1-10 (10 being “completely,” and 1 being “not at all”): How much peace do you currently feel/are you experiencing in your life right now? How much grace? How well do you feel you are recognizing and using grace in your life? What needs improvement?
- 3) What are you currently “sowing” in your life? Use the “5 Realms of Wellness” above to ponder your current life goals/efforts. What are you “reaping?” What do you hope to “sow”? What do you hope to “reap”? Write about this in your journal. Consider what “results” you desire in your life, in all areas. What might you work on to make your sowing bring forth the reaping you desire?
- 4) What is the “great work” for which you’re laying the foundation through “well-doing”? What is your mission, purpose, work? Exercise: a) List all things that matter to you, on a blank sheet of paper. b) Group “like” items together. c) Use grouped items to create your list of 2-5 “things that matter most.” This is your “great work.” But so are YOU. Write about this in your journal. Discuss with a friend or family member this week.
- 5) Do you feel God’s love for you right now? Why or why not? What is standing in your way? What might you need in order to help your faith grow?
- 6) What does it mean to you to “put on Christ?” How might you do this, today?
- 7) How are you loving and serving right now? Seeking to ‘bear one another’s burdens’? What can you do to grow in love & service, this week? Write about this in your journal.

#### Resources

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