



Study Guide, Episode 87—How to Change & Become New Through Tribulation

2 Corinthians 1-7

00:00-12:57	“QOTW: How can I become changed, reconciled, “new,” through challenges?”
12:58-22:31	“Don’t seek tribulation; Notice others’ tribulations; Share tribulations”
22:32-43:13	“How to give/receive criticism; How to be reconciled to each other”
43:14-47:54	““God does not give us trials, nor want us to suffer, but to be reconciled to Him”
47:55-END	““Walk by faith;’ Feel what you feel, Have ‘godly sorrow’”

1. What does it mean to you to become “one in Christ?” What would that feel like? What would it look like in your relationships, in work/school, or in your life experiences? What are you currently doing to be “one in Christ?” How might you work to become more fully “one in Christ,” this week? Set aside some time to pray, ponder and write about this in your journal.
2. What does it mean to you to become a “new creature?” What might you look like, feel like, be like? What do you envision for you personally in becoming the “new creature” Jesus Christ desires you to be? Ponder this, and write about it in your journal. What steps might you take to begin this journey? Revisit this entry often as you work on becoming “new.”
3. How are you seeking to share your trials, afflictions, or challenges with Jesus Christ right now? What might you do to better share with Him, receive His love and grace, and have Him with you to help you change and grow through your tribulations? Write about this in your journal.
4. How are you sharing your challenges with others—to help them know they’re not alone, to offer comfort, or to help them through their challenges? Ponder, write about, and then seek to share your current challenges in the best possible ways, to help others, this week.
5. Have you been asked to “submit, to obey & to be childlike” at times in your life? Have you felt you have to be proven or tested in some ways, by God? What did this feel like? How did you respond in these times? What did you do well? What could you have done better?
6. What are you doing to be “reconciled to God?” To seek and receive forgiveness? To repent? To come unto Jesus Christ, hear Him, feel godly sorrow & receive His grace? Ponder, write about this, and then get on your knees and do the work of reconciliation, starting today.

Resources

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