



## Study Guide, Episode 85–How to Seek & Develop Spiritual Gifts

### 1 Corinthians 8-14

00:00-09:40	“QOTW: How can I know my spiritual gifts? Seek more? Develop them?”
09:41-21:08	“First seek the Holy Ghost; Gifts come through Him”
21:08-41:41	“‘We are the body of Christ & members individually’=ALL gifts are needed”
41:42-46:33	“‘Covet the best gifts,’ ‘Desire the gift of prophecy’”
46:34-END	“Charity is the greatest gift; Seek, receive & live with charity”

1. **Ponder this:** Set aside some time to ponder your spiritual gifts. Which gifts have you already seen, felt, &/or used in your life? Which are you currently seeking? Which are you working to develop? Write in your journal, listing each of these and any others that come to mind.
2. **What helps you seek, discover & develop spiritual gifts?** Write about all the ways the Lord has shown your gifts to you, including through others, through trials/hardships, through ways you tend to or prefer to serve, what others have said about you, your patriarchal or other blessings, etc.
3. **Listen to 09:41-21:08. Check in with yourself,** asking, “Am I seeking and receiving the Holy Ghost?” Why or why not? Write about this in your journal. Ask yourself, “What prevents me from being filled with the Holy Ghost? What helps me better connect with and receive the Holy Ghost?” Discuss this with your family or a friend this week.
4. **As you read 1 Corinthians 12:12-27 and listen to 21:08-41:4, consider these questions:** Have you ever felt like you are lacking compared to others? Envious of others' gifts, talents, abilities? Like you're not needed—in your church, family, community, etc? What leads you to feel these things? What helps you remember that you are a necessary “member” of “the body of Christ” and to use/develop your spiritual gifts to fulfill your Divine purpose/mission/callings?” Write about or discuss this with someone you love this week.
5. **Read 1 Corinthians 13:4-7.** Which of these traits that compose charity do you possess? Which are you lacking? Which do you feel compelled to work on? Pray and ask for the gift of charity, and ask which of these things you need to work on most. Then, listen, write what you hear/feel/receive. Set a goal to be more full of charity—“the pure love of Christ”—this week.

#### Resources

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