



## Study Guide, Episode 82–How to Understand & Use Grace Daily

### Romans 1–6

00:00-08:01	“QOTW: What is grace? How can I use it daily, to change & become?”
08:02-25:36	“Grace is enabling power; ‘I am not ashamed of the gospel of Jesus Christ’”
25:37-39:53	“Circumcised in heart; Create a ‘to be’ list & become”
39:54-51:56	“Grace saves, justifies, changes us through <i>His</i> goodness & ‘the law of faith’”
51:57-END	“‘Grow in grace;’ ‘Glory in tribulation;’ Use The At-one-ment daily”

1. How do you define “grace,” right now? What does it look like/mean to you?
2. When have you experienced the enabling power of grace—that mercy and love of God that has given you strength to do all He asks of you? To serve? To love? To keep the commandments? To become more like Jesus? Write about this in your journal.
3. Have you ever felt “ashamed of” or embarrassed by the gospel of Jesus Christ, or church, or your faith/beliefs? Why or why not? What helps you to “not feel ashamed of the gospel of Jesus Christ?” How might grace help you to not feel embarrassed or ashamed of Jesus Christ, His gospel, and/or your faith? How might this help you stand & speak up for Him? (see episode 81)
4. Has your “heart” been “circumcised?” Do you feel that inner strength and faith? Why or why not? What might help you to keep your heart more pure, focused on Him, and ready to obey His commandments, this week?
5. **Exercise:** Create your “to be list.” Take a blank sheet of paper. On it, write all the things that matter most to your life—past, present and future. Fill the page with as many things as you can think of. Next, group “like” items together and give them a name (i.e. “happiness,” “family,” “service”). Using the topics you’ve now created, develop a “to be” list. List all the traits, experiences, opportunities you desire and who you hope to become. Use this list daily to “become” more like Jesus Christ, and more of who He desires you to be.
6. Have you “grown in grace?” How or how not? What helps you grow, be changed, transformed, enabled, saved through His goodness & grace? Discuss grace with your family/friends this week.
7. Can you honestly say that you “glory in tribulations?” Why or why not? How might Romans 5:3-5 help you learn to “glory in tribulations?” Learn patience, gain experience, receive greater hope? Write about & then discuss this with a family member or friend.

#### Resources

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Email me: [christina@drchristinahibbert.com](mailto:christina@drchristinahibbert.com)

Instagram: [@likeawatered.garden](#) [@drchristinahibbert](#)

Facebook: [Dr. Christina Hibbert](#)