

Study Guide, Episode 81-How & When to Speak Up & Out

Acts 16-28

00:00-10:39	"QOTW: How do I know when to speak up/out? How do I speak?
10:40-19:28	"Advocating for ourselves, others & worthy causes can be uncomfortable"
19:29-28:36	"Paul was, & we are, called to teach, preach, speak up and out"
28:37-39:59	"Search scriptures daily; teach & preach; 'We are the offspring of God'"
40:00-50:09	"How are you living for, standing up for, witnessing of Christ?"
50:10-END	"'Stand up, Speak up and Shine!'"

- 1. When have you felt the need to speak up? To speak out? In favor of something good? Against something not good? How did you prepare? What skills did you use? How did you consider your words, depending upon who you were speaking to/the situation? Spend some time pondering this, and then write about these things in your journal.
- 2. When it comes to speaking up or out, how do you feel? Do you ever feel uncomfortable? Struggle to deal with contention? Does it make you worked up, or aggressive? How might you work to be assertive—to deal calmly and directly with issues you must deal with—versus aggressive or passive, when you feel the "call" to stand up, speak up, or speak out?
- 3. Consider the righteous women, like Lydia (the first convert in Europe). What qualities do they possess that you might want to receive, work on, possess, too? What is one thing you can do this week to develop one of these qualities?
- 4. Set aside time to ponder the Truth that YOU are "the offspring of God." You are His daughter or son. What does this truth mean to you? How does it help you in your daily life, work, in speaking up & out, in serving, loving, and doing as God would have you do? Write about this in your journal. Talk about this truth with your family or friends this week.
- 5. Ponder the idea that Paul was ready to die for the Lord. Are you willing to die for the Lord? Are you willing to live for the Lord? In what ways are you seeking to live for the Lord? To stand up for, teach/preach about, witness of Him? What does He ask of you, when it comes to speaking? How are you turning to Him to receive His will and to do it?
- 6. Listen to the questions in 101:45-102:30. Spend time pondering and answering these honestly, and write about this in your journal. Then, set aside time to discuss these with your family, friends, or others.

Resources

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<u>Dr. Christina Hibbert Website</u>

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