



## Study Guide, Episode 7-How to Come Unto Christ, Believe & Follow Him

*Matthew 21-23; Mark 11; Luke 19-20; John 12*

00:00-12:49	"QOTW: How do I truly COME unto Christ, believe, & Follow Him?"
12:50-24:47	"Coming unto Christ is...(temple, nature, scriptures, talking of Him, seeking Him)
24:48-34:54	"Believe Him (His words, acts, promises, gifts, love); reverence Him"
34:55-46:59	"Amplify His voice, do His will, bring forth fruits; Be not a hypocrite; Sit w Him"
47:00-END	"Ignore not the 'weightier matters'; Exercise faith; Honor Him as King"

1. What is your "main thing"--in your family, relationships, work, health, life? What are you doing to "keep the main thing the main thing?"
2. Imagine you're carrying a backpack filled with heavy rocks: What kinds of "rocks" are you currently carrying around? How are these things adding stress, pain, heartache, etc. to your life right now? Which might you surrender to Christ?
3. What does it mean to you to "Come unto Christ?" What has this looked like for you recently? What has worked? What has been in your way? Write in your journal.
4. Where/how do you FEEL Christ most in your life? In your home? Nature? Church? The temple? When listening to music? Praying? Studying scriptures? Make a list & refer to it often, when you feel in need.
5. What are you currently doing to "seek this Jesus" daily? Discuss this with your family.
6. How are you trying to show Jesus that you believe Him--His words, promises, acts, covenants, love? What is one way you might improve on this, this week?
7. What talents or spiritual gifts has Jesus given you? How have you tried to amplify and use these for His purposes? What might you do to increase & better share your talents? Pray for guidance. Ask to know how to begin, and when/where to share.
8. Set aside some time to practice the "[Spirit Meditation](#)" or any other mindfulness or meditation practice, a few minutes each day this week. Link:  
[▶ Spirit Meditation - w/ Dr. Christina Hibbert, from "Who Am I Without You?"](#)
9. What are the "weightier matters" in your life? How are you putting these first?

### Resources

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