



Study Guide, Episode 60–How to Be Born Again (& again)

John 2-4

00:00-11:15	“QOTW: What does it really mean to ‘be born again’? How do I do it?”
11:16-27:02	“His ‘astonishing doctrine’= Faith, repent, baptism, Holy Ghost, endure”
27:03-33:54	“‘Changed from a carnal state’ to ‘become new creatures’”
33:55-47:58	“The Woman at the well; Desire to believe & plant the seed of faith”
47:59-END	“Believe in Him without signs and wonders, & receive miracles”

1. Are you “seeking Jesus?” Are you coming to Him, developing your relationship with Him, and asking Him to help you in your quest to be “born of God?” How?
2. How has Jesus “met you where you are,” in your life? How has he “led you to recognize Him?” How has He taught you and given you understanding on your current level? Ponder these things and write about them in your journal.
3. Do you believe *in* Jesus Christ? Do you believe He is the Messiah? The Son of God? If so, do you also *believe* Jesus? Do you believe His words, promises, love for you? Why or why not? Write about this in your journal.
4. As you consider the “astonishing doctrine” of Jesus Christ, how are you *using* this doctrine daily, weekly to come unto Christ? To become a “new creature?”
5. Have you been born of God? Have you been born again? And again? What does this look/feel like for you? What does it mean? How do you continually let yourself be born of ‘the water and the Spirit?’ Discuss this with your family this week.
6. Read in [The Book of Mormon: Another Testament of Jesus Christ, Alma 32](#). What do you learn from these verses about believing? About faith? About planting the seeds of faith & helping them grow? What will you do this week to improve upon this?

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<https://drchristi.mykajabi.com/8day-replenish-challenge>

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