



Study Guide, Episode 51– How to Be Holy & Increase Holiness

Haggai; Zechariah

00:00-10:08	“QOTW: How do I become more holy? How do I increase holiness?”
10:09-19:12	“‘Consider your ways’; Meditation Exercise”
19:13-27:49	“How are you being rebuilt by the Lord?”
27:50-33:46	“What I can DO to become more holy”
33:47-END	“‘Be strong’--in faith, love, prayer, the temple, in holiness”

1. Ponder: How are you like a temple? In what ways might your body, mind, spirit be like a holy temple? How are you “set apart for a sacred purpose?” What is that purpose? Write about this in your journal.
2. “Holiness means uncommon”: How are you striving to be “uncommon” in today’s world? What does that mean/look like to you? Write about this in your journal.
3. Do the meditation exercise (13:04-17:15). Notice how you feel before and after. What was this exercise like for you? How did it impact how you feel? What you think? How your day might progress? Consider using meditation this week. What is one thing you will do to add more meditation to your day? (*Use my Spirit Meditation video for another exercise: <https://www.youtube.com/watch?v=mVyyXdgnRTg>)*
4. Listen to 27:50-33:46. Which of these things stand out as things you need to work on, to become more holy? Choose one of these things & work on it this coming week.
5. What does it mean to “be strong,” to you? Listen to 33:47-35:17 and consider which of these ways you might already “be strong” and which might need work. Write about your strengths *and* weaknesses, in your journal.
6. What are you doing TODAY to come more fully unto the Lord? To let Him rebuild you? To “be strong” in holiness? To become more holy and like Him?

Resources

FB: [Like a Watered Garden Podcast Discussion Group](#)

[Like a Watered Garden Website](#)

[Come Follow Me, Old Testament, Manual](#)

[Dr. Christina Hibbert Website](#)

Email me: christina@drchristinahibbert.com

Instagram: [@likeawatered.garden](#) [@drchristinahibbert](#)

Facebook: [Dr. Christina Hibbert](#)

[Dr. Christina Hibbert YouTube](#), [Like a Watered Garden Video Playlist](#)