



Study Guide: Episode 19, “Look to God & Live”-Your Support System in the Wilderness

Numbers 11-14, 20-25

00:00-10:54	“Are we letting the Lord be our “light in the wilderness” & “prepare our way?”
10:55-18:52	“I am not able to bear all this alone; it is too heavy for me!”
18:53-26:53	“Creating your strong support system”
26:54-32:40	“Be meek, like Moses”
32:41-40:52	“Be careful what you ask for”
40:53-53:45	“The commandments ‘bite’ & remind us to ‘Look to God & live!’”

1. How is your life like “the wilderness”? What helps you get through the wilderness to reach your “promised land?” What might you do to better let the Lord be your “light in the wilderness” & “prepare the way before you” this week? How do you “know that it is by (Him) that you are led?”
2. Exercise: Do you feel like, “I am not able to bear all this alone; it is too heavy for me?” The Lord stands ready to offer support.
 - a. Pray and ask for God’s help.
 - b. Check in with yourself & ask, “What is my current support system? And how healthy is it right now?”
 - c. Write down each person/place of support & mark the specific ways s/he is helpful to you (i.e. “babysitting,” “good to talk to”).
 - d. Listen to 18:53-26:53 & consider what other supports you need at this time.
 - e. Reach out & set up one of these today.
 - f. If you don’t have the people you feel you need in your life, please don’t quit! Continue to reach out, ask for help, seek resources that will be there for you more fully.
 - g. Remember to ask for and receive the Lord’s support, too! How will you listen to Him & receive His support and help this week?
3. What might you do to develop the quality of “meekness?” Do you seek to be “righteously responsive, willingly submissive, & to exercise strong self-restraint?”
4. How might the commandments enable you to “look to God & live?”

Resources

FB: [Like a Watered Garden Podcast Discussion Group](#)

[Like a Watered Garden Website](#)

[Come Follow Me, Old Testament, Manual](#)

[Dr. Christina Hibbert Website](#)

Instagram: [@likeawatered.garden](#)

[@drchristinahibbert](#)

Facebook: [Dr. Christina Hibbert](#)

[“Grow With Scriptures” YouTube Channel](#)